Subject: Chat with Karen Lancaster
From: Karen Lancaster <lancaster.karen@gmail.com>
To: barriticus@gmail.com

Karen: everything ok?
me: yep, just ate my bubba's and did a quick pre-interview with Australian tv
me: doing Skype voice interview with them tomorrow on persona management
Karen: good! just sent you a note re:skype
me: It won't be a video interview
me: I think it's for their radio network
me: just like the Australian radio documentary I went to the studio for
Karen: ok but next time dont forget to scoot chair around so books in background instead of bed?
me: gotcha